

Hydrogen Water Bottle



User Manual

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Thanks for your purchasing the products from GOSOIT, we dedicated to providing you with high quality products so that you can see a better you. Should you have any question or doubts about using your new products,

please be free to reach out to our helpful customer support team by Email box : support@hisoit.com

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Website: www.gosoitwater.com

We hope you enjoy your new products and have a healthy life.

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Product specification

Material: Glass Capacity:350ml/12 OZ
Color: Blue Dimension: 2.9*2.9*8inch
Weight: 0.9 LB



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※ Operating Steps



← reserve 1 inch space

1.Add drinking water



2.Press the power button to work



3.Wait for 3mins until the blue light turns off, hydrogen water produced

※ How to clean

For first use, please put some fresh orange peel or lemon chip in bottle, pour hot water with the temperature over 90°C to shake it gently so as to keep the whole bottle to be cleaned thoroughly,keep it standing for 30mins and empty it out, then use boild water clean it twice, the cleaning is finished

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※ Hydrogen water keeps healthy life

1.How many glasses of hydrogen water should I drink each day?
We suggest 6-8cups / person

2.When is the best time to drink hydrogen water?
It's recommended to drink it after work or exercise or stay up late at night

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※ Warm Tips

1. It's not dirty or used when you see some mist in bottle caused by the temperature difference between outside and inside of bottle when closing the cap,the mist will disappear after opening it
2. The way to check water leaking as below:
 - a.Check the base or cap whether connects tightly with it's body.
 - b.Check whether the seal ring on base is tidy and or even.
- 3.Please reserve 1inch space when adding water to produce hydrogen water, because the air pressure difference between inside and outside of bottle after hydrogen making will cause the bottle cap is a little tight to open
- 4.The bottle is only for normal water, it's not acceptable for juice or anything else.
5. The hydrogen producing will take 3mins each time until the blue light turs off
6. Please charge 3 hrs before fist using.
7. Keep the filter dry when not in use

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The History of Hydrogen Water

As early as 100 years ago, the world famous French "Lourdes spring", Germany "Noel's nao spring" can be found on a variety of chronic diseases have a very good treatment effect, hence the name "holy water" and spread so far.

In 1956, Dr Dunham·Harman put forward the theory of "aging free radicals" in the United Kingdom. He believes the degeneration of the aging process is caused by the harmful effects of free radicals produced during normal cell metabolism.

Scientific studies have shown that free radicals that damage human health is almost all linked to the more active oxides.

After years of research and demonstration by dozens of scientists, hydrogen is a good antioxidant. Hydrogen-Rich Water was born.

-  Good reactive oxygen
-  Hydrogen rich water
-  Bad reactive oxygen

Hydrogen water antioxidant schematic diagram

